



HOLY TRINITY CATHOLIC CHURCH

KNOW ~ GROW ~ GO

February 21, 2021

The First Sunday of Lent

MASS SCHEDULE

Mon – Fri	8:15am
Wednesday	2:15pm (school Mass)
Saturday	5:30pm
Sunday	8:00, 9:30, 11:15am
Holy Days	8:15am, 7:00pm

RECONCILIATION

Friday	8:45-9:30am
Saturday	4:00-5:00pm

PARISH OFFICE

503.643.9528
www.h-t.org

Mon – Thur	8:00-4:30pm
Friday	8:00-2:00pm

SCHOOL OFFICE

503.644.5748
www.htsch.org

Monday – Friday	8:00-3:30pm
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COMMUNITY OUTREACH OFFICE

503.641.1842
www.h-t.org/outreach

Tues, Wed, Fri	10:00-12:30pm
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GREETINGS FROM FR. DAVE

And Lent is here! Buckle up and let's go. If you need inspiration for possible practices that will help make this Lent fruitful take a look at the table below, created by our Pastoral Council. One way of using it would be to choose one activity/practice from each column and do it for the week. Then the following week, choose something else. Let the Holy Spirit guide you!

We are also distributing the book [The Prodigal God](#) and have copies in the church. It was referred on to me by one of our retired priests who found it really helpful, and I found it so as well. We will be referring to it in our homilies throughout Lent as well. God bless each of us for a Lent that helps us become the "best version of our selves" and prepare us to celebrate Holy Week and Easter with hearts and lives renewed.

Last week, funeral services were held for Nancy O'Leary. Funeral services are scheduled for Katie Borer this Friday, February 26th. May their souls and all the souls of the faithful departed, rest in peace.

KNOW	GROW	GO
Visit Jesus, go to adoration	Learn about a new Saint	Family game night/movie night
Read a chapter daily from the Bible	Pick a virtue to strive for each day	Call/text someone to check-in
Pray the Stations of the Cross	Memorize a Bible verse	Say "hi" to nature
Pray the Rosary	Read and reflect on the daily readings	Daily Family prayer
Catholic/Christian Reading	Daily journaling	Tell someone about Jesus
Pray the Chaplet of Divine Mercy	Watch our Sunday Readings Reflection	Do a chore for your significant other
Pray a Novena	Participate in Grow Group	Actively use positive words
Listen to Catholic/Christian music	Listen/subscribe to a Catholic podcast	Donate to charity; 40 things for 40 days
Read/Re-read the Holy Trinity mission at h-t.org/knowgrowgo	Read the Sunday scriptures before you go to Mass	Write a thank you note to someone who has been a light on your path
Watch the Daily Reflection videos that are available via HT e-News	Each time you get annoyed, pray an Our Father	Volunteer - Give a few hours of your time to a local charity
Pray with a picture of Jesus so it is like you are having a conversation	Do a nightly examination of conscience and list 3 things you're grateful for	Think of 40 people and offer one day of Lent for each person
Find time to feel God's presence and be assured you are never alone	Start each day by "Letting go and Letting God"	Post a Bible verse every day on your social media
Talk to God every day, even if just to say you don't want to talk right now!	Make simple intentional sacrifices (e.g., no tv, cold/short showers, no sweets)	Verbally wish people a good day/say 'hello' when you walk past
Meditation, listen quietly for God to speak to you	Pray with Fr. Hans' Gospel Reflection Questions from HT e-News	Paint rocks with encouraging messages and leave them on pathways

ADDITIONAL LENTEN RESOURCES

✠ **Stations of the Cross.** We don't have Soup Suppers this year, but every Friday at 7:00pm we *will* have socially-distanced Stations in the church!

✠ **CRS Rice Bowl.** Catholic Relief Services' (CRS) iconic Rice Bowl program is a beloved Lenten tradition. As CRS' Lenten faith-in-action program, it offers opportunities for to engage daily with the spiritual pillars of Lent: prayer, fasting, and almsgiving. Pick up a Rice Bowl in the narthex, or make your own at home! You can easily donate

online as well at h-t.org/lent. There you'll find videos and more resources from CRS, including a DIY label for your homemade Rice Bowl, activities for families, and meatless recipes from around the world to try during Lent.

✠ **Weekly Email Series.** Send an email to parishioner Betty Arrigotti (MA in Counseling, certificate in Spiritual Direction) at betty@arrigotti.com to sign up for her Lenten email series. This year, her series will focus on **grandparenting with grace**.

BRETT'S TWO CENTS

Hello, everyone! Currently, the size of Earth's population is about 7.8 billion people. That's a lot! One of our internet hounds found the following statistics, which make that number more relatable and highlight some interesting distinctions. If you were to condense 7.8 billion into 100 persons, and then into percentages, out of 100 people:

- | | |
|--|---|
| <ul style="list-style-type: none"> ✧ 11 live in Europe; 5 in North America; 9 in South America; 15 live in Africa; 60 live in Asia ✧ 49 live in rural areas; 51 live in urban areas ✧ 12 speak Chinese; 5 speak Spanish; 5 speak English; 3 speak Arabic; 3 speak Hindi; 3 speak Bengali; 3 speak Portuguese; 2 speak Russian; 2 speak Japanese; 62 speak another language ✧ 77 have their own houses; 23 have no place to live. ✧ 21 are over-nourished; 63 can eat 'til full; 15 are under-nourished; 1 just ate their last meal ✧ For 48, the daily cost of living is less than \$2 (USD) | <ul style="list-style-type: none"> ✧ 87 have clean drinking water; 13 lack clean drinking water ✧ 75 have mobile phones; 25 do not ✧ 30 have internet access; 70 do not ✧ 7 received a university education; 93 did not attend college ✧ 83 can read; 17 are illiterate ✧ 33 are Christians; 22 are Muslims; 14 are Hindus; 7 are Buddhists; 12 belong to another tradition; 12 have no religious beliefs ✧ 26 will live less than 14 years; 66 will die between the ages of 15 and 64 years; 8 will live more than 65 years |
|--|---|

So if you have a home, eat full meals and drink clean water, have a mobile phone, can go online, *and* have gone to college, you are in a very small (less than 7%) minority. Give thanks for your blessings! And share where you can!

SCRIPTURE READINGS

<u>Monday 22nd</u> 1 Pt 5:1-4 Mt 16:13-19	<u>Wednesday 24th</u> Jon 3:1-10 Lk 11:29-32	<u>Friday 26th</u> Ez 18:21-28 Mt 5:20-26	<u>Sunday 28th</u> Gn 22:1-2, 9a, 10-13, 15-18 Rom 8:31b-34 Mk 9:2-10
<u>Tuesday 23rd</u> Is 55:10-11 Mt 6:7-15	<u>Thursday 25th</u> Est C:12, 14-16, 23-25 Mt 7:7-12	<u>Saturday 27th</u> Dt 26:16-19 Mt 5:43-48	

MASS INTENTIONS

Saturday 20th 5:30pm +Claudia Ditter	Monday 22nd 8:15am +Lucia Quy Do <i>and</i> +Jovita Fely	Wednesday 24th 8:15am The Lardinois-Dávila Family <i>and</i> Continued Healing for Ester Wong 2:15pm +Doug E. Wills
Sunday 21st 8:00am Birthday Blessings to Brian Dooney 9:30am +Vinh Huynh 11:15am Holy Trinity Parish	Tuesday 23rd 8:15am +Jeane Talcott	Thursday 25th 8:15am +Peter Buoi Nguyen Friday 26th 8:15am +Hal Brey, Sr.

FAITH FORMATION

RELIGIOUS EDUCATION | K-5TH GRADE FIRST COMMUNION BAPTISM FOR CHILDREN AGES 7+ (RCIC)

Chris Storm – cstorm@htsch.org

RELIGIOUS EDUCATION

Our in-person Religious Education for grades K-5 begins **this weekend!** On **Sunday, February 21st at 3:00pm**, we will gather in the church (masked and socially-distanced!) for an afternoon of prayer, activities, and family reflection. We would love to see entire families attend but, at the very least, children must be accompanied by one parent. We are so excited to see all of you!

FIRST COMMUNION & RCIC

If you have a child who would like to receive First Communion this spring, please mark your calendars for our **kickoff meeting on Sunday, March 21st (sessions at 12:30pm or 3:00pm)**! We will go over our preparation plan and important dates.

We are also gathering names of children age 7 or older who have not yet been baptized and would like to be. Please email Ally (allyr@h-t.org) with your child(ren)'s information and any questions!

HOLY FATHER'S INTENTION FOR FEBRUARY

Violence Against Women

We pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded.

YOUTH MINISTRY | 6-12TH GRADE

Nick Krautscheid – 971.282.6173 nkrautscheid@htsch.org

Join us on Sundays at 12:30pm in the school gym for fun activities, prayer, and small groups! All 6th - 12th graders welcome.

Check out our website (h-t.org/htym) for more information.

follow us on instagram!

 : @holyltrinity.ym

YOUNG CATHOLIC PROFESSIONALS (YCP) RETREAT ON ST. JOSEPH



Young adults in their 20's and 30's are invited to join the Portland Chapter of YCP for a day of reflection, prayer, and fellowship as we enter the Lenten season and learn how to imitate St. Joseph.

Hosted at St. Edward's in Keizer (5303 River Rd N), the day begins at 8:30am (with coffee!) and will include Adoration, small group discussion, and reflections on St. Joseph given by Rolando Moreno from the Archdiocese of Portland. YCP Portland's chaplain, Fr. Hans Mueller, will offer Mass and be available for confession. There will also be time for fellowship (and lunch!) with other young adults before the retreat ends at 1:00pm.

The retreat is **free** so all young adults may attend, but donations are encouraged if able. **Please register online by Monday, February 22nd** at ycpportland.org/events/lenten-retreat.

All COVID precautions will be followed, including the wearing of masks, space to spread out more than six feet apart, and cleaning/sanitizing. For times that food or drink is being consumed, participants will be outside or in a well-ventilated area. Please be sure to bring layers, umbrella, etc. in case of weather.

If you have any questions, please send an email to info@ycpportland.org.

MINISTRY NEWS

EXPLORING FRATELLI TUTTI

A Joint Column by the HT Health & Social Justice Ministries

Chapter Eight: "Religions at the Service of Fraternity in Our World"

"God has created all human beings equal in rights, duties and dignity, and has called them to live together as brothers and sisters." (Joint declaration of Pope Francis & Ahmad al-Tayyeb, Grand Imam of Al-Azhar, [February 2019](#))

Through focusing on each human person as a child of God, different religions contribute to building fraternity and creating a just society. Dialog between individuals of different faiths can "establish friendship, peace, and harmony" and "share spiritual and moral values...in a spirit of truth and love." Pope Francis urges the Church to be a "sign of unity...to build bridges, to break down walls, to sow seeds of reconciliation." He appeals for followers of all religions to embark on a journey of peace as brothers and sisters, avoiding violence, and working toward the common good.

Acknowledging the universal fraternity evident in the lives of Martin Luther King, Desmond Tutu, and Mahatma Gandhi, Pope Francis prays to God that we may "recognize the goodness and beauty you have sown in each of us, and thus forge bonds of unity, common projects, and shared dreams." **When we are in dialogue with someone of a different religion, how do we establish bonds of harmony, friendship, and peace?**

RESPECT LIFE MINISTRY

Gloria Bernard – 503.579.2562 – globernard2@gmail.com



40 Days for Life Spring Campaign: Feb. 17 – Mar. 28

Our community is one of many cities throughout the world joining together for the 40 Days for Life campaign. 40 Days for Life is an intensive effort designed to raise awareness, save lives, and bring healing and repentance for the sin of abortion through prayer, fasting, peaceful vigil, and community outreach. Join the Prayer Vigil at Beaverton Planned Parenthood (12220 SW 1st St.) on Monday – Saturday, 7:00am to 7:00pm. Sign-up and learn more at www.40daysforlife.com/beaverton.

Walking with Moms in Need is a year of service where Catholic parishes and communities help parenting and pregnant moms in difficult circumstances.

Did You Know? Choice Adoptions is a resource that assists and supports birth parents to find qualified, loving adoptive families for their babies. If you or someone you know are facing an unplanned pregnancy and considering adoption, visit choiceadoptions.org or call 541.801.0930.

COMMUNITY OUTREACH

Al Schmitt – 503.641.1842 – communityoutreach@h-t.org

HOLY TRINITY FOOD CLOSET IS AN EQUAL OPPORTUNITY PROVIDER.

NUMBER OF PEOPLE SERVED

Food Closet		Backpacks	
Last Week	256	Last Week	50
Since January 1st	2,141	School Year	1,195

I have lost track of how many times I have said that no one person, church or organization alone can solve <insert problem here>, but together we can do amazing things. I say it because I truly believe it. I see it in examples every day. Our own Food Closet and Outreach Ministries are successful because you and our volunteers unite together to make it happen. Food box distributions occur every Thursday because the Archdiocese helped organize it and Beaverton Foursquare said a resounding YES when asked if they would like to partner with us. People get their teeth fixed every month because Medical Teams International finds volunteer dentists and assistants to spend a few hours inside of a bright red bus parked in our lot.

The beauty behind this approach is at least twofold: 1) combining resources opens the door to so many more things that can be addressed and, hopefully, resolved; 2) you get introduced to so many others along the way which, in turn, creates new connections that enable you to find ways to solve yet more challenges. It really does have a multiplicative effect.

Thanks to COVID, I have developed a love-hate relationship with technology, especially Zoom and its equivalents. I love it because I have had the chance to meet and work with so many people I never would have before; exhilarating! The hate part comes in simply because there are times the technology is simply smarter than me! Having had a previous career in high tech, I have no fear of it, but am frequently humbled when one of my grandkids has to show me how to do something. That being said, the expanded relationships that have developed as a result of it, make all of the challenges well worth it. I struggle to see a reason why I will ever abandon using it in the future.

So what's the point behind all of this? Don't be afraid to safely combine your passion to help others with others. Maybe it's via Zoom; maybe it's a phone call; maybe it is just searching for an organization that you align with and asking how you can help. I know we have socialization challenges, and I ask that you be very cautious in your approach, but there are ways to connect. Get creative; reach out. Once you do I think you will be surprised at what can be accomplished. The great part along the way is not only will you be helping others, but you will meet some amazing people who will expand your horizons, help you to see life and others in a new way, and help you to **GO MAKE A DIFFERENCE!**

THIS WEEK AT HOLY TRINITY

Sunday, February 21st

- ✦ 12:30-2:00pm, Gym — Youth Ministry
- ✦ 3:00-4:00pm, Church — Religious Ed.

Tuesday, February 23rd

- ✦ 6:30-8:00pm, Cafeteria — RCIA

Wednesday, February 24th

- ✦ 9:30-11:00am, via Zoom — Wednesday Bible Study
- ✦ 6:00-7:30pm, via Zoom — Grow Group
- ✦ 6:30-8:00pm, Fireside — Young Adult Book Group

Thursday, February 25th

- ✦ 9:00am — USDA Food Box distribution in Beaverton Foursquare's parking lot
- ✦ 6:00-7:00pm, Church — Holy Hour of Adoration
- ✦ 6:30-8:00pm, Fireside — Cub Scout Pack 598

Friday, February 26th

- ✦ 11:00am, Church — Funeral for Katie Borer
- ✦ 7:00pm, Church — Stations of the Cross hosted by our Christ Renews His Parish ministry group (no Soup Supper prior)

Saturday, February 27th

- ✦ 7:15-8:00pm, via Zoom — HT Zoom Bingo (email Debbie Gray at debbie.a.m.gray@gmail.com to join in the fun!)

THINK SMART LIKE A TITAN

EACH YEAR HT 8TH GRADERS TAKE MATH CHALLENGE EXAMS AT LOCAL CATHOLIC HIGH SCHOOLS. CHECK OUT THEIR RESULTS:

Eleven students took the Algebra Challenge Exam.

- Two students advanced to Algebra 1/Trig Honors
- Eight students advanced to Geometry/Trig Honors or higher

Eight students took the Geometry Challenge Exam.

- Six students passed the Geometry Challenge Exam.
- Two had HSPT and Algebra Challenge scores high enough to advance to Precalculus Honors.
- Three advanced to Algebra 2/Trig Honors.
- One placed in Algebra 1/Trig Honors
- Six students from Holy Trinity further advanced their fall placement by completing Summer Session math courses.

WAY TO GO TITANS!



Pope Francis
@Pontifex

We begin the #Lenten Season by receiving #ashes. We are dust in the universe. Yet we are dust loved by God.
vatican.va/content/france...

8:55 AM · Feb 26, 2020

Read Pope Francis' 2021 Message for Lent at: vatican.va/content/francesco/en/messages/len/documents/papa-francesco_20201111_messaggio-quaresima2021.html

PARISH STAFF

Pastor	Dave Gutmann frdave@h-t.org
Parochial Vicar	Hans Mueller frhans@h-t.org
Deacon & Business Manager	Brett Edmonson brett@h-t.org
Administrative Assistant	Erica Wills parish@h-t.org
Bookkeeper	Julie Mikkelsen julie@h-t.org
Pastoral Assistant	Erin Nieves erin@h-t.org
Director of Religious Ed.	Chris Storm cstorm@htsch.org
Sacramental Admin. Asst.	Pat Linton pat@h-t.org
Community Outreach Dir.	Al Schmitt al@h-t.org
Pastoral Apprentice	Ally Rudd allyr@h-t.org

ADVISORY COUNCILS

Administrative	Tony Lucarelli ajlucarelli@gmail.com
Pastoral	Maria Menor meeps68@yahoo.com
School	Eric Hansen sac@htsch.org

PARISH LIFE

First Friday Adoration	Mike Prusynski 503.619.7888
Information Desk	Marilyn Palma marilynpalma@comcast.net
Newcomer's Welcome	Betty Drilling 503.644.8550
Parish Events	Monette Mallari 503.307.3438
Senior Luncheon	Kathy Delach 503.614.9724
Sunday Hospitality	Allie Buchanan mrsrlb76@hotmail.com

MINISTRIES OF PASTORAL SUPPORT

Annulment Advocacy	Erin Nieves erin@h-t.org
Funeral Planning	Ann Hammond 503.701.9566
Funeral Receptions	Steve Davis sdavis@h-t.org
Homebound Ministry	Erin Nieves erin@h-t.org
Prayer Shawl Ministry	Linda Dum 503.642.1168
Prayer Requests	www.h-t.org/prayer-requests

SACRAMENTAL PREPARATION

Baptism	Pat Linton pat@h-t.org
First Communion	Chris Storm cstorm@htsch.org
Confirmation (Teens)	Chris Storm cstorm@htsch.org
RCIA	Erin Nieves erin@h-t.org

FAITH FORMATION & EDUCATION

Grow Group	Brett Edmonson brett@h-t.org
Kid Zone	Cathie Scott cathiescott@gmail.com
Religious Education	Chris Storm cstorm@htsch.org
Wednesday Bible Study	Erin Nieves erin@h-t.org
Youth Ministry (HTYM)	Nick Krautscheid nkrautscheid@htsch.org
Young Adult Ministry	Ally Rudd allyr@h-t.org

LITURGICAL MINISTRIES

Altar Servers, Lectors & Communion Ministers	Pat Linton pat@h-t.org
Greeters	Jim Huntzicker huntzicj@ohsu.edu
Music Director	Mark Nieves music@h-t.org

COMMUNITY GROUPS & MINISTRIES

Abuse Survivors Group	Anne Church 503.320.3049
Centering Prayer Group	Marilyn M. jonmarilyn@yahoo.com
Christians in Commerce	Bob Neubauer bob.neubauer@hotmail.com
Christ Renews His Parish	Carol Liebertz 503.680.0749
Filipino Community	Monette Mallari 503.307.3438
Health Ministry	Debbie Gray debbie.a.m.gray@gmail.com
Indian Community	Pinto Akkara pintodavis@gmail.com
Knights of Columbus	Josh Ritcheson winterhawk89@yahoo.com
L'Arche Portland Liaison	Maria Menor meeps68@yahoo.com
Panache	Patty Huntzicker phuntzicker@gmail.com
Respect Life	Gloria Bernard globernard2@gmail.com
Social Justice	Eileen Sleva eileen.sleva@gmail.com

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